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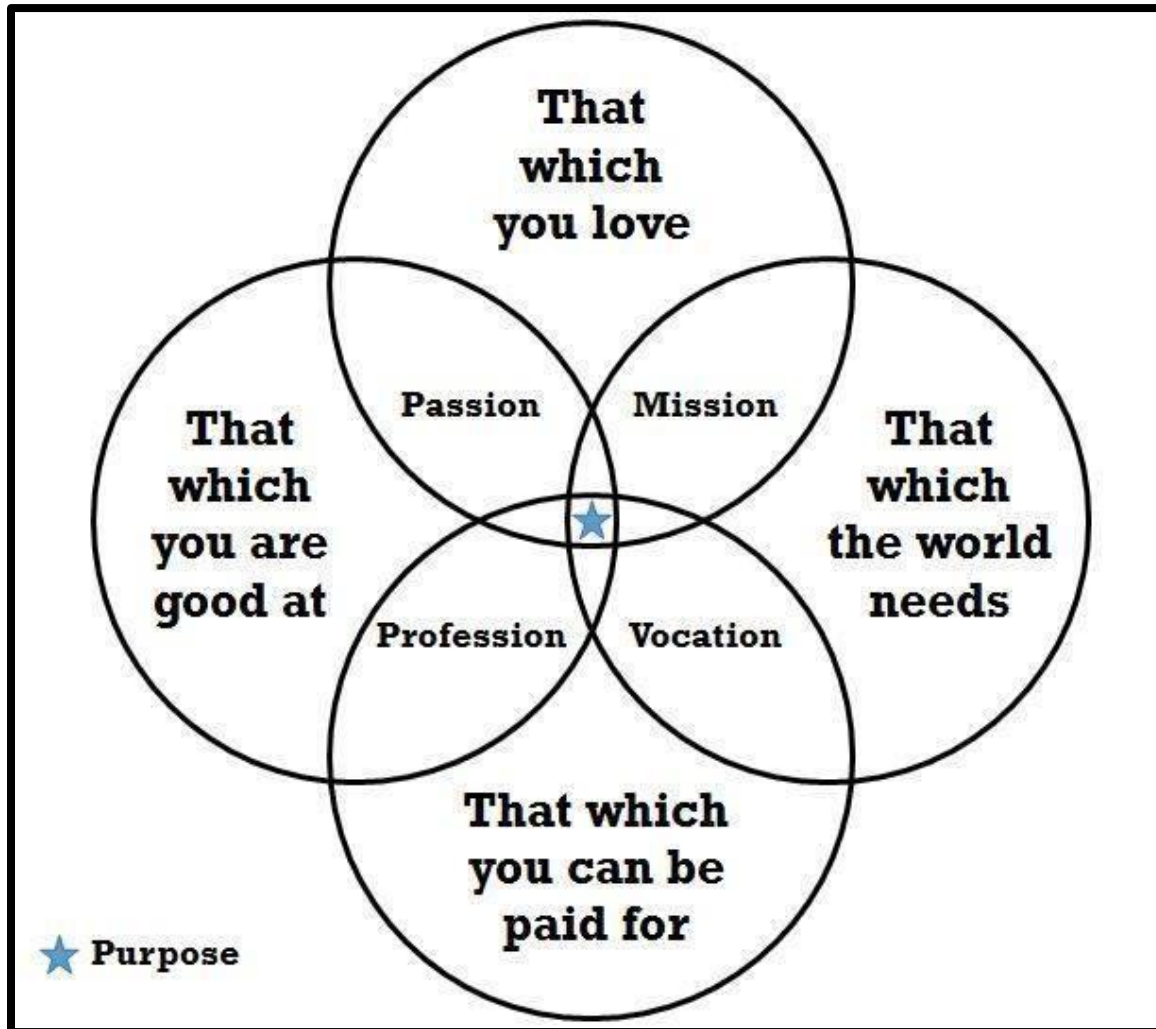
CAREER LIFE EDUCATION OVERARCHING THEMES 9-12	Becoming a life-learner.	Well-Being: Finding balance in personal life, relationships, and work.	Cultivating and engaging with personal networks and community.	Exploring the interactions of personal, cultural, and economic factors	Ongoing exploration, planning, evaluating, and adapting of career life pathways.
ACTIVITIES, STRATEGIES, RESOURCES	<p>Learning Portfolio (Self Assess. Core Competencies)</p> <p>Core Competencies: http://learningcommons62.sd62.bc.ca/knowledge-building-centre-2/core-competencies/</p> <p>Reflections & artifacts:</p> <p>Journaling:</p> <p>Goal-setting: https://www.projects.mart.co.uk/smart-goals.php https://www.mindtools.com/pages/article/newHTE_90.htm</p>	<p>Work Hours: David Suzuki Foundation, “Long work hours don’t work for people or the planet”</p> <p>22 Mindfulness Ex. https://positivepsychologyprogram.com/mindfulness-exercises-techniques-activities/</p> <p>Wheel of Life Ex. Marlys</p> <p>iMinds: http://www.uvic.ca/research/centres/carrbc/publications/hel ping-schools/iminds/index</p>	<p>Role Models</p> <p>Parent Mentor/Career Network</p> <p>Mentors in Residence</p> <p>Speaker Series: UVic Speakers Bureau</p> <p>FNESC-Career Journeys: http://www.fnesc.ca/careerjourneys/</p> <p>Partnerships w/post-secondary</p> <p>Partnership Volunteer Victoria: http://volunteervictoria.bc.ca/ **Search for Youth Volunteer Program</p>	<p>The new American Dream: https://www.ted.com/talks/courtney_martin_the_new_american_dream</p> <p>Vision Board: http://www.wikihow.com/Make-a-Vision-Board http://jackcanfield.com/blog/how-to-create-an-empowering-vision-book/</p> <p>ERAC (BC Digital Classroom): http://learningcommons62.sd62.bc.ca/</p> <p>CBC: Archives: http://www.cbc.ca/archives/ News: http://www.cbc.ca/news</p>	<p>Dual Credit courses: http://camosun.ca/learn/south-island-partnership/documents/dual-credit-transition-programs.pdf</p> <p>Work Experience 12a</p> <p>IDS Inquiry: (Stelly’s)</p> <p>Pathways – SSS</p> <p>Worklink: http://www.worklink.bc.ca/</p> <p>MyBlueprint: <i>Post Secondary & Work Components</i>, http://learningcommons62.sd62.bc.ca/2016/02/26/myblueprint/</p>

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	<p>IEP development Circle of Courage: http://www.behavioradvisor.com/CircleOfCourage.html</p> <p>AVID strategies</p> <p>21 Skills Our Students Need: https://www.weforum.org/agenda/2016/03/21st-century-skills-future-jobs-students/</p> <p>MyBlueprint: <i>Who am I</i> Component</p>	<p>x.php</p> <p>Vision Board: http://www.wikihow.com/Make-a-Vision-Board http://jackcanfield.com/blog/how-to-create-an-empowering-vision-book/</p> <p>Health and Wellness activities (eg Tai Chi, Yoga)</p> <p>Life Coaching Exercises (Self Development) https://lifecoachonthego.com/free-resources/</p>	<p>**Careers Teacher</p> <p>Sec. Design Team Inquiry unit: http://learningcommons62.sd62.bc.ca/knowledge-building-centre-2/new-curriculum-explorations/careers/career-life/</p>	<p>World Economic Forum (TR) https://www.weforum.org/</p> <p>Labor Market Outlooks (TR): https://www.workbc.ca/Labour-Market-Industry/B-C-s-Economy/Reports.aspx</p> <p>BC Gov. Stats (TR): http://www.bcstats.gov.bc.ca/Home.aspx</p>	<p>Go2HR: https://www.go2hr.ca/</p> <p>DigiBC: http://www.digibc.org/cpages/home</p> <p>ita Youth Trades Training Volunteering: (Youth Work in Trades Youth Train in Trades) http://youth.itabc.ca/</p> <p>CP Courses (Reynolds)</p> <p>Culminates in CAPSTONE (Core Competencies)</p>
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TR = Teacher resources

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Who do you want to be in the world?