

CLE Curriculum-Links to Resources and MyBluePrint activities

| Big Ideas | Content | Curricular Competency | myBluePrint Lessons/Activities | Other Lessons/Links |
|---|---|--|--|---|
| Career-Life Development | | | | |
| Cultivating networks and reciprocal relationships can support and broaden career-life awareness and options | mentorship opportunities | Apply a mentor's guidance in career-life exploration | 24. Job Shadow | Career Journeys First Nations Role Models Mentorship Opportunities- Building Your Network |
| Finding balance between personal and work life promotes well-being | strategies for maintaining well-being in personal and work life | Practice effective strategies for healthy school/work/life balance | 10. What is Stress? 11. Time management strategies 13. Overcoming Life's Obstacles | |
| Career-life decisions are influenced by internal and external factors, including local and global trends | preferred ways of knowing and learning | Develop preliminary profiles and flexible plans for career-life learning journeys | 1. Who Am I? Learning Styles 2. Who Am I? Personality 3. Who Am I? Interests 4. Who Am I? Knowledge 5. Who Am I? Motivations 6. Who Am I? 12. Multiple Intelligences | Values and Ethics Discussion Idea |
| Career-life choices are made in a recurring cycle of planning, reflecting, adapting, and deciding | competencies of the educated citizen, employability skills, essential skills, leadership and collaboration skills | Explore and connect experiential learning both inside and outside of school with possible and preferred career-life pathways | 28. Transferable skills 30. Decision Making Process | https://www.conferenceboard.ca/spse/employability-skills.aspx Finding your skills Job Search and Skills |

Compiled by teachers from the Abbotsford School District- contact Michelle Middleton (michelle.middleton@abbyschools.ca) for more information or if you wish to contribute to this share document

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| | | | | Employability skills test and reflection HR Canada Essential Skills Keeping that job Discover Skills BC Skills Canada BC Valley Driving School Presentation-driving as an employability skill Entrepreneurship and Design Thinking Skills Destination Imagination Instant Challenges DI Training Manual |
| Lifelong learning fosters career-life opportunities | self-assessment and reflection strategies | Identify career-life challenges and opportunities, and generate and apply strategies | 37. Using myBlueprint Portfolios to self-assess on Core Competencies 38. Self-Esteem and Inner Thoughts 39. Expectations | Employability skills test and reflection Industry Training Authority Youth Website Discover Skills BC Career Blueprint Builder Career Compass Career Trek BC |

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| | | | | Industry Training Authority ITA Job bank Work BC Odd Jobs |
| Cultivating networks and reciprocal relationships can support and broaden career-life awareness and options | ways to represent themselves both personally and publically | Examine the influences of personal and public profiles on career-life opportunities | 29.Digital citizenship - Responsible online relationships 33.MBP Building a Resume 34.MBP Building a Cover Letter 35.Interview Skills and Mock Interview 36. MBP Building a CLE Portfolio | Example of a bad interview 10 Principles of Career and Career Development Poster Digital Responsibility Job Interview Assignment |
| Cultivating networks and reciprocal relationships can support and broaden career-life awareness and options | appropriate workplace behaviour and workplace safety | <p>Identify career-life challenges and opportunities, and generate and apply strategies</p> <p>Explore and connect experiential learning both inside and outside of school with possible and preferred career-life pathways</p> | 9.Healthy Relationships Through Honesty 23. Roles in the Workplace | Workplace Safety Stories Keeping that job Worksafe BC guest speakers Health Safety Education Training Worksafe BC-Questionnaires, etc Alive after 5 ((or contact |

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| | | | | <p>Jennifer Lambert BC Federation of Labour Alive After 5 Coordinator jlambert@bcfed.ca</p> <p>Got a new job? Ask about safety</p> <p>Hard Hat Hank Safety Rules</p> <p>Slip, Trips, Falls; Office WCB Surviving Summer</p> <p>Throwing Away Your Future</p> <p>Work Hazard Recognition</p> <p>Workplace Accidents</p> <p>New Worker: Rights and Responsibilities</p> <p>Young and New Workers</p> |
| Connections with community | | | | |
| Career-life decisions are influenced by internal and external factors, including local and global trends | inclusive practices, including taking different worldviews and diverse perspectives into consideration | Demonstrate inclusive, respectful, and safe interactions in diverse career-life environments | | <p>Career Journeys First Nations Role Models</p> <p>Inclusive Practices Idea</p> |

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| | | | | Aboriginal Culture and Careers Canadian Apprenticeship Forum |
| Cultivating networks and reciprocal relationships can support and broaden career-life awareness and options | personal networking and employment marketing strategies | <p>Identify risks and appreciate benefits associated with personal and public digital footprints</p> <p>Consider the role of personal and employment networks in exploring career-life opportunities</p> | | Social Media Literacy Scenarios Social Media Literacy Slideshow Social Media Literacy |
| Career-life decisions are influenced by internal and external factors, including local and global trends | factors that both inform career-life choices and are influenced by them, including personal, environmental, and land use factors | Examine the influences of personal and public profiles on career-life opportunities | | Values and Ethics Discussion Idea |
| Cultivating networks and reciprocal relationships can support and broaden career-life awareness and options | ways to contribute to community and society that take cultural influences into consideration | Collaborate with supportive community members to explore the reciprocal influences of career-life choices | Students may search for volunteer opportunities by clicking on the following on the dashboard "Work"> "Job Search"> "Volunteer"> | Volunteer Abbotsford Volunteer Abbotsford City Hall Abbotsford Youth Commission Mentoring Works Abbotsford Police Department Volunteer Opportunities Canadian Apprenticeship Forum |

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| | | | | Go Volunteer Fraser Valley Humane Society Community/School Based Inquiry Project Idea |
| <p>Cultivating networks and reciprocal relationships can support and broaden career-life awareness and options</p> | <p>value of volunteerism for self and community</p> | <p>Collaborate with supportive community members to explore the reciprocal influences of career-life choices</p> | | Value of Volunteering Mentoring Works Volunteer Abbotsford Volunteer Abbotsford City Hall Abbotsford Youth Commission Teen Advisory Group (TAG) Reverse Career Fair |
| <p>Career-life planning</p> | | | | |

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| <p>Career-life choices are made in a recurring cycle of planning, reflecting, adapting, and deciding</p> | <p>career-life development research</p> | <p>Develop preliminary profiles and flexible plans for career-life learning journeys</p> | <p>19. Jobs, Occupations, and Careers 20. Who Am I? Compatibility Activity 21. Employment Recruiter 22. Occupation and Values 24. Job Shadow 25. Experiential Learning 26. Famous Person Interview 31. Pathways to a Career 32. Skilled Trades and Apprenticeships Lesson</p> | <p>Work BC-Labour Market Information Career Journeys First Nations Role Models Dragon's Den Entrepreneurship Career Trek BC BC Job Trend Tracker and Job seekers</p> |
| <p>Career-life choices are made in a recurring cycle of planning, reflecting, adapting, and deciding</p> | <p>methods of organizing and maintaining authentic career-life evidence</p> | <p>Explore and reflect on career-life roles, personal growth, and initial planning for preferred career-life pathways</p> <p>Develop preliminary profiles and flexible plans</p> | <p>36. Building a CLE Portfolio</p> | <p>Certificate of graduation</p> |

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| | | for career-life learning journeys | | |
| Career-life choices are made in a recurring cycle of planning, reflecting, adapting, and deciding | models of decision making and innovative thinking for flexible planning and goal setting | Explore and reflect on career-life roles, personal growth, and initial planning for preferred career-life pathways | 18. How I View Myself & How Others View Me 27. Conflict Resolution Strategies | |
| Career-life choices are made in a recurring cycle of planning, reflecting, adapting, and deciding | financial planning tools, pre- and post-graduation opportunities, and local and global labour and market trends | Explore and reflect on career-life roles, personal growth, and initial planning for preferred career-life pathways Develop preliminary profiles and flexible plans for career-life learning journeys | 7. High School Graduation Planning 8. My Life Map 19. Job, Occupations, and Careers 32. Skilled Trades & Apprenticeships Lessons | Finance Project (goes with example below) Example of a student budget planning project Full Budget Plan Budget 101 Assignment Family Task Inventory and Ready for Commitment It's your money handout Real Life Project The Money Belt Wall Street Survivor Til Debt Do Us Part Series BC Hydro Powersmart CIBC Budgetting for Student Life |

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| | | | | Pros and Cons of Roommates |
| Other Resources and helpful websites: Link to semester at a glance document | | | | |
| Career Education Society | http://ces.bc.ca/about-ces/ http://ces.bc.ca/members/membership-applications/ http://ces.bc.ca/resources-other/ | | Links the the Career Education Society website (About, Application, Resources). Membership is \$40 (Pro D funds can cover this), and will give you access the the Community of Practice portal for Career Educators across the province. | |
| Sample of a semester at a glance | https://drive.google.com/file/d/1_4yfVLWmNrxk6JXSPUG5vqai_bQnP12IC/view?usp=sharing | | | |

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